

Monster Phonics Sound Actions



Reception			
Grapheme	How to say the sound	Action	Sound Cue
s	Touch the back of your teeth with your tongue, keep teeth tightly closed, smile and blow.	Weave hand in an s shape like a seahorse. Say sss.	s, s, seahorse
a	With your mouth open and tongue low and to the front, make a sound.	Use two fingers to walk across the back of your hand like ants crawling. Say a, a, a.	a, a, ant
t	Keep your mouth closed and touch the back of your teeth with your tongue as you make a sound.	Stand up tall, reach your arms out either side like a tree. Say t, t, t.	t, t, tree
p	Bring both lips together. Force air through to open the lips.	Trot your hands up and down like a pony. Say p, p, p.	p, p, pony
i	Put your tongue high in your mouth, smile and make a noise.	Walk two fingers up the palm of your hand and point to the tip of the middle finger. Like an iguana crawling up and catching a fly. Say i, i, i.	i, i, iguana
n	Push your tongue up to the roof of your mouth and make a sound.	Weave one finger across like a needle. Say nnn.	nnn, needle
m	Press your lips together make a sound. M is a nasal sound.	Wave your arms like a magical fairy. Say mmm.	mmm, magical



m (GCC alternative)	Press your lips together make a sound. M is a nasal sound.	Wave your arms like a magnificent moth. Say mmm.	mmm, moth
d	Place your tongue behind your upper teeth, force sound out of the mouth as you move away your tongue.	Hold your hands up like claws and walk like a dinosaur. Say d, d, d.	d, d, dinosaur
g	Touch the top of your mouth with your tongue and make a noise.	Use two fingers to pick some grapes. Say g, g, g.	g, g, grape
o	Round your mouth and make a sound.	Make round glasses with your hands like you are peeking inside the shell to see the octopus. Say o, o, o.	o, o, octopus
c	Keep your tongue low. Open your mouth and force out a sound.	Make letter c shaped cat ears with your hands. Say c, c, c cat.	c, c, cat
k	Keep your tongue low. Open your mouth and force out a sound.	Hold one arm and leg still and kick the other leg and arm out to the side like a koala. Say k, k, k.	k, k, koala
ck	Keep your tongue low. Open your mouth and force out a sound.	Make one c shaped cat ear and kick the other arm and leg out to the side like a koala. Say ck, ck, ck.	ck, ck, kick
e	Put your tongue in the middle of your mouth. With your mouth open make a sound.	Pretend to be a baby pointing at an elephant. Say e, e, e.	e, e, elephant



u	Open your mouth and keep your tongue high and at the back.	Swoop your hand under like an Umberellabird flying. Say u, u, u.	u, u, Umberellabird
r	Bite lip, make a sound and open the mouth at the same time.	Shoot one arm up and over your head like a rocket. Say rrr.	rrr, rocket
h	mouth open, tongue down, make a voiceless sound.	Pretend to stroke a soft hen. Say h, h, h.	h, h, hen
b	Press your lips together and force out a sound.	Wave your hands like bunny ears above your head. Say b, b, b.	b, b, bunny
f	Bite your lip, allowing some air to pass through saying f, f, f.	Hold your hands together and weave them forward like a fish. Say f, f, f.	f, f, fish
ff	Bite your lip, allowing some air to pass through saying ff, ff, ff.	Hold your hands apart and weave two hands forward like a puffer fish. Say ff, ff, ff.	ff, ff, puffer fish
l	Touch behind the top teeth with your tongue and make a sound.	Pretend to lick a lollipop. Say lll.	l, l, lolly
ll	Touch behind the top teeth with your tongue and make a sound.	Pretend to lick two lollipops. Say lll.	ll, ll, lollies



SS	Touch the back of your teeth with your tongue, keep teeth tightly closed, smile and blow.	Weave two hands in an s shape like a seahorse. Say sss.	ss, kiss
j	Place your tongue lightly against the roof of your mouth, just behind your top teeth. Keep your lips relaxed and slightly open. Force out a sound as your tongue drops.	Wiggle your arms like a jellyfish. Say j, j, j.	j, j, jellyfish
w	Round your lips and make a sound.	Wave your hand across like a wave. Say w, w, w.	w, w, wave
v	Place your top teeth gently on your bottom lip. Push air out while vibrating your vocal cords.	Pretend to be holding the steering wheel of a van. Say vvv.	vvv, van
x	Push your tongue up to the back of your mouth. Force through air as the tongue drops.	Pretend to mix in a bowl. Say x, x, x (ks, ks, ks).	x, x, mix
y	Touch the base of your mouth with your tongue and make a sound.	Make a peak with your hands like a yacht. Say y, y, y.	y, y, yacht
z	Smile, keep teeth closed, push tongue behind the teeth and fore air through.	Zigzag your hand sharply like lightning. Say zzz.	zzz, zap
zz	Smile, keep teeth closed, push tongue behind the teeth and fore air through.	Zigzag two hands sharply like lightning. Say zzz.	zzz, fizz



qu	Round your mouth, put your tongue to the top and back of your mouth. Force out a sound as you drop your tongue, keeping your lips rounded.	Place a crown on your head like a queen. Say qu, qu, qu.	qu, qu, queen
ch	Put your teeth together. Push your tongue to the top of your mouth. Push lips together to pucker. Force out air as your tongue drops.	Pretend to chop one hand onto the other. Say ch, ch, ch.	chop, chop, chop.
sh	Put your teeth together and your tongue down. Push your lips to pucker and force air through the teeth.	Pretend to tell the baby to go to sleep. Say sh, sh, sh.	sh, sh, shush
th	Stick your tongue out between your teeth and force air through your teeth.	This is a naughty sound that makes you stick your tongue out! Stick out your tongue even further this time to make the th sounds. Hold a thumb up. Say th, th, thumb!	th, th, thumb
th(v)	Stick your tongue out between your teeth and make a sound. Feel your tongue vibrate.	This is another naughty sound that makes you stick your tongue out! Stick your tongue out and make the th (v) sound. Point forward. Say 'there'!	th, th, there
ng	Back of the tongue up make a sound.	Put your hands on your hips. Say 'King'. Stress the ng at the end.	ng, ng, king



oo	Round your lips tightly, like you're blowing a kiss. Keep your tongue flat and relaxed inside your mouth.	Make a round mouth and show by circling with your finger without touching.	Zoom to the moon.
ar	Open your mouth wide. Pull your tongue back slightly and let the sound drop at the end.	Wave a pretend wand in the air.	A star in a jar.
oo	Round your lips, but not as tightly as for the long oo sound. Relax your tongue inside your mouth.	Wave a pretend wand in the air.	Look at books.
ow	Start with your mouth open and your lips rounded slightly. Make a quick 'ow' sound, as if you've been pricked.	Lift your finger quickly as though you have pricked it.	How now brown cow!
ee	Smile wide and stretch your lips.	Smile and stretch your lips. Use your hand to make a frog mouth shape with your forefinger thumb and forefinger.	Sheep in a jeep.
ur	Round your lips slightly and make a 'ur' sound, curling your tongue upward.	Use 2 fingers on one hand to make a walking action over the open palm on the other hand.	Turn and curl.
ai	Start with your mouth open and your tongue low. As you make the sound, move the back of your tongue up toward the roof of your mouth.	Grip your hands, look angry and say 'A, A, A!'	A train in the rain.
or	Round your mouth and make a long or sound.	Use 2 fingers on one hand to make a walking action over the open palm on the other hand.	Corn on a fork.
oa	Start with your mouth open. As you make the sound, move your lips into a round shape.	Look surprised and put your hands out.	A goat in a boat.
er	Make a short er sound with your mouth slightly open.	Wave a pretend wand in the air.	A bigger digger.



igh	Start with your mouth open, lips spread slightly. Keep your tongue low at the start.	Point to your eye	A light at night.
air	Open your mouth slightly and spread your lips. Keep your tongue flat and in the middle of your mouth.	Wave a pretend wand in the air.	A pair of chairs.
oi	Start with your mouth open, lips slightly rounded.	Wave a pretend wand in the air.	A coin in the soil.
ear	Start with your lips slightly spread in a smile.	Wave a pretend wand in the air.	Hear with your ear.
ure	Open your mouth slightly. Keep your tongue relaxed and towards the middle of your mouth.	Wave a pretend wand in the air.	A sure cure.

Shhh!

